

*The Christian Life is Not Just "Avoiding" Bad Behavior,  
but Rather Walking in the Spirit. (Eph. 4 & 5)*

OLD SELF  
(Walking in the flesh)

NEW SELF  
(Walking in the Spirit)

<b>4: 14-15</b>	... no longer to be children ...	<b><u>BUT</u></b>	<i>speaking the truth in love, we are to grow up in all aspects into Him who is the head, ...</i>
<b>4: 17-24</b>	<i>... walk no longer just as the Gentiles also walk ... in reference to your former manner of life, you <b>lay aside the old self</b>, ...</i>	<b><u>AND</u></b>	<i>... <b>be renewed</b> in the spirit of your mind, and <b>put on the new self</b>, which in the likeness of God has been created in righteousness and holiness of the truth.</i>
<b>4:25</b>	... laying aside falsehood,	...	<i>speak truth each one of you with his neighbor,</i>
<b>4:28</b>	<i>He who steals must steal no longer;</i>	<b><u>BUT</u></b> <b><u>RATHER</u></b>	<i>he must labor, ..., so that he will have something to share ...</i>
<b>4:29</b>	<i>Let no unwholesome word proceed from your mouth,</i>	<b><u>BUT</u></b> (silent?)	<i>only such a word as is good for edification ...</i>
<b>4: 31-32</b>	<i>Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.</i>	...	<i>Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.</i>
<b>5:3-4</b>	<i>But immorality or any impurity or greed must not even be named among you ... no filthiness and silly talk, or coarse jesting</i>	<b><u>BUT</u></b> <b><u>RATHER</u></b>	<i>giving of thanks. (as a habit)</i>
<b>5: 7-10</b>	<i>... do not be partakers with them; ... (in the darkness)</i>	<b><u>BUT</u></b>	<i>... walk as children of Light ... trying to learn what is pleasing to the Lord.</i>
<b>5: 11-13</b>	<i>Do not participate in the unfruitful deeds of darkness,</i>	<b><u>BUT</u></b> <b><u>INSTEAD</u></b>	<i>even expose them; ... all things become visible when they are exposed by the light, ...</i>
<b>5: 15-16</b>	... (walk) not as unwise men	<b><u>BUT</u></b>	<i>as wise, making the most of your time, because the days are evil.</i>
<b>5:17</b>	... do not be foolish,	<b><u>BUT</u></b>	<i>understand what the will of the Lord is.</i>
<b>5: 18-21</b>	<i>And do not get drunk with wine, for that is dissipation (abnormal, wickedness, excess),</i>	<b><u>BUT</u></b>	<i>be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; and be subject to one another in the fear of Christ.</i>

*..., walk by the Spirit, and you will not carry out the desire of the flesh. (Gal. 5:16)*