

QUICK-START RECOMMENDATIONS

1. IF YOU ARE A LEADER AND PERSONALLY WANT [TO BETTER UNDERSTAND BIBLICAL DISCIPLESHIP](#) -

We recommend that you carefully go through [PHASE 2](#) of these discipleship materials.

2. IF YOU ARE A LEADER AND WANT [TO TRAIN BELIEVERS TO DISCIPLE OTHERS](#) -

We recommend that you prayerfully select a few believers who you consider to be **faithful**. Up to about 12 believers would probably be best. Meet together with them as a group at least once each week for 1-1/2 hours or so, to carefully go through [PHASE 2](#) of these discipleship materials. **EXPECT AT LEAST A THREE-MONTH COMMITMENT.**

3. IF YOU ARE A BELIEVER WHO HAS NOT BEEN DISCIPLED, AND YOU WANT [TO BETTER UNDERSTAND THE CHRISTIAN LIFE](#) -

We recommend that you prayerfully seek an older believer who you respect, and who would be willing to meet with you at least once each week to go through [PHASE 1](#) of these discipleship materials. If you can not find another believer to personally mentor you, first carefully read [LESSON 2-5B](#), then start through [PHASE 1](#) on your own, writing down questions that come to your mind. **PROBABLY A THREE-MONTH COMMITMENT.**

4. IF YOU WANT [TO PERSONALLY DISCIPLE A NEWER BELIEVER](#) -

We believe that every true convert should be personally discipled (“spiritually parented”) as soon as possible after conversion. If you would like to disciple a newer believer, we recommend that you prepare first by reading [LESSON 2-5](#). After reading [LESSON 2-5](#), carefully go through [PHASE 1](#) of these materials individually with each person you're discipling. **PROBABLY AT LEAST A SIX-MONTH COMMITMENT.**

5. IF YOU ONLY HAVE A [ONE-TIME](#) OPPORTUNITY TO SPEND WITH A BELIEVER, FOR EXAMPLE, ON A TRIP OR IN A JAIL MINISTRY, ETC. -

We recommend that you go through [LESSON 2-5B](#) of these discipleship lessons with him/her.

Important: Preference should be given to using these lessons on a one-to-one basis, although they can also be used effectively in a group. For most Christians the lessons will need detailed explanation. These lessons are not designed to be simply read through like a newspaper, but rather to be personalized by the discipler, and to serve as a means to stimulate dialog and address spiritual issues that need to be understood in order for each believer to become an effective and useful tool in His hands.